

Leading Business Women of Phoenix

“Our philosophy has always been that the patient comes first,” says CarolAnn Tutera, owner of SottoPelle® Center for Hormonal Balance & Well-Being. “When my late husband, Dr. Gino Tutera, founded SottoPelle®, he wasn’t interested in growing a multi-million dollar business. It was all about his patients.”

Today, pellets are a well-known treatment for hormone therapy, but CarolAnn says that’s all thanks to Dr. Gino’s early work with pellets in the 1990s when few medical providers even understood what they were or how to use them. Nearly three decades later, however, his patented approach is used by providers all across the globe.

“We’ve trained providers all across the world, and everything at SottoPelle® is science-based,” says CarolAnn. “There are so many special nuances to pellets, and if you’re not trained correctly, it can be dangerous for your patients. This is why we insist on lab work with every patient visit, and before issuing any



Photography by Carrie Evans | Scottsdale, AZ

diagnosis, we work to understand our patients’ physiologies and dig into their symptoms.”

With more than three locations throughout Arizona, the 5-star rated SottoPelle® offers a highly relational and intentional level of service that isn’t often found elsewhere. “Dr. Gino’s reputation and

expertise has been leading hormone therapy throughout the world for almost 30 years,” says CarolAnn. “His mission was to help people enjoy every minute of their life and to age gracefully, and that’s our same mission today.”

